

WOMEN'S SELF- DEFENSE WORKSHOP

WHEN

November 21, 2014
7pm – 8pm



**FUN, FREE, AND
EDUCATIONAL!**

WHO CAN ATTEND?

All women of any age,
level of fitness, and ability.
13-17 year olds must be
accompanied by an adult.

NO EXPERIENCE NECESSARY!

Learn easy, effective
techniques to protect
yourself.

MEET NEW PEOPLE!

Reserve your spot today!
RSVP to:
events@leesbloomington.com

WHERE?

Lee's Martial Arts

3822 W. Third St.,
Bloomington, IN 47404
812-333-3002

**BRING YOUR
FRIENDS!**